



"BROOKLYNN'S SHOT"
A COACH D STORY
EPISODE 5

DISCUSSION QUESTIONS

- How do you relate to little Brooklynn? How do you relate to older Brooklynn?
- Girl Scout Research Institute found that confidence in girls peaks at age 11, and then doesn't reach that same level again until the age of 42. How does this make you feel? Why do you think this gap is so long?
- What things brought you joy as a kid? When and why did you first start playing sport? Does your experience today feel the same as it did back then?
- Who are some of the people in your life that encourage you? What is it that they say or do that helps you most? How well do you listen to/believe them?
- What are some things that bring you joy today? How can this show up when you play and compete?
- Write your commitment to play with little girl joy.